

# Contents

Foreword .....	ix
How To Use This Book.....	xiii
Acknowledgments .....	xv
Introduction .....	xvii
<b>Chapter One: Preface.....</b>	<b>1</b>
I.1 Essay .....	3
I.2 Another Essay .....	11
I.3 Neonatal Development .....	13
I.4 Transformations And Steamings .....	15
I.5 Another Method.....	25
I.6 Zǐ Wán (Purple Pill).....	33
I.7 Hēi Sǎn (Black Powder) .....	43
I.8 Method For Selecting A Wet Nurse .....	47
<b>Chapter Two: Emergence Of The Newborn</b>	
<b>From The Abdomen.....</b>	<b>51</b>
II.1 Essay .....	53
II.2 Silence Of The Newborn After Delivery .....	53
II.3 Cutting The Umbilical Cord.....	55
II.4 Swaddling.....	59
II.5 Wrapping The Navel.....	63
II.6 Gāncǎo Tāng (Licorice Decoction) .....	69
II.7 Zhū Mì (Cinnabar Honey).....	73
II.8 Feeding Babies .....	77
II.9 Overeating And Other Breastfeeding Problems .....	81
II.10 Feeding Sow's Milk .....	85
II.11 Proper Breastfeeding .....	85
II.12 How To Bathe Babies.....	87
II.13 Táogēn Tāng (Peach Root Decoction).....	89
II.14 Jīn Hǔ Tāng (Gold Tiger Decoction) .....	89
II.15 Treatment For Thrush .....	91
II.16 Treatment For Connected Tongue .....	93
II.17 Treatment For Hanging Welling-Abscesses .....	95
II.18 How To Treat Sudden Neonatal Death.....	97
II.19 How To Foretell The Length Of A Baby's Life.....	99
II.20 Essay .....	107

<b>Chapter Three: Fright Seizures</b> .....	<b>109</b>
III.1 Essay.....	111
III.2 Rules for Diagnosing Seizures.....	139
III.3 Essay.....	147
III.4 Lóngdǎn Tāng (Gentian Decoction) .....	151
III.5 Dàhuáng Tāng (Rhubarb Decoction) .....	159
III.6 Báiyángxiān Tāng (Dictamnus Decoction) .....	165
III.7 Zēng Sūn Xù Míng Tāng (Modified Life-Prolonging Decoction) .....	169
III.8 Shígāo Tāng (Gypsum Decoction) .....	173
III.9 Unnamed Formula.....	177
III.10 Èr Wù Shígāo Tāng (Two Ingredients Gypsum Decoction) .....	181
III.11 Guìzhī Tāng (Cinnamon Twig Decoction).....	183
III.12 Èr Wù Lǔmáo Sǎn (Two Ingredient Donkey Hair Powder) .....	185
III.13 Yīnyù Wán (Skimmia Pill) .....	187
III.14 Zhèn Xīn Wán (Heart-Settling Pill) .....	193
III.15 Dānshēn Chì Gāo (Red Salvia Salve).....	197
III.16 Wǔ Wù Gāncǎo Shēng Mó Gāo (Five Substances Licorice Life-Massage Salve) .....	201
III.17 Moxibustion Treatments.....	205
III.18 Moxibustion Treatment Of Seizures In Accordance With Differentiation By Association With <i>Zàng</i> Organs Or Domestic Animals.....	209
III.19 Fulminant Seizures.....	217
<b>Chapter Four: Intrusive Upset</b> .....	<b>233</b>
IV.1 Essay .....	235
IV.2 Treatments For Intrusive Upset .....	247
IV.3 Moxibustion Methods.....	261
IV.4 Spell Treatment For Intrusive Upset.....	263
IV.5 Treatments For [Possession By] <i>Jī</i> Demons In Small Children .....	269
<b>Weights and Measures Table</b> .....	<b>293</b>
<b>Single Herb &amp; Formula Index</b> .....	<b>295</b>
<b>Indications Index</b> .....	<b>299</b>
<b>Acupuncture &amp; Moxibustion Index</b> .....	<b>305</b>
<b>Proper Name Index</b> .....	<b>307</b>
<b>General Index</b> .....	<b>311</b>