Master Tung Internal

Brad Whisnant, DAOM, L.Ac
BASICS  DIAGNOSIS
The blood vessels (chin. Jing-Mai 嬦帹) transport blood
• (Xue 敗) and oxygen (Qi 鎲), nutrients (Ying 伐), immune defence agents (Wei 劉), and body liquids (Jin-Ye 靴頦)

Chapter 10 of the Ling-Shu Jing explicates that the 12 Jing Mai 嬦帹 run deep inside the human organism, namely inside the muscles Rou 嶺, and that they are not visible on the body surface.
Huang-Di emphasizes that a physician who is familiar with the blood vessels and blood circulation in the organism can determine life or death of a person, diagnose all different sorts of diseases and, as a consequence, can treat and heal them well. For this diagnostic reason pulse diagnosis was developed and applied in China, namely as a measurement of the intensity of blood flow within the body vessels. By a proper translation of this text the ordered structures, the organs and functions of the human embryonic development of the organism become evident. In fact, the vessels of the book Ling-Shu Jing are the vascular, nervous and conductive pathways of the human organism, described here as pulsating blood vessels Jing Mai 委帹.
The Chinese term Jing Mai 娆帹  means “blood vessel“. The radicals and components used in the pictograph Jing 娆 are 1. Silk 娆, 2. The surface of the body /swagger, 3. Underground water courses 景, 4. To examine the underground veins (the respective radical is not 皕, but Ting Stan) (13). The second pictograph, Mai, or 帹 (數,其他玩家的,敲鑶) is constructed with the components of 1. Flesh 嶺(朑), 2. Blood 嚏, 3. A watery stream in the veins 額 [12,13].
Accordingly, the meaning of Jing Mai 娼帹 is: “The silk-like network of blood vessels (veins) running underneath the surface of the body, which can be examined by pulse diagnosis”. (13) These Jing Mai 娉帹 vessels include: The blood vessels 鼓帹Xue Mai, The central nervous system with he brain 店Nao, and The spinal cord 砹Sui including the spinal nerves, The peripheral nerves 噣喩娬 媢 Shen Jing Xi Tong, Other nervous pathways 噣喩paged Shen Jing Dao, in addition to Tendons and muscles 噣 (嶺) Jin (Ji Rou).
The Chinese term Jing Mai 娼帹 refers to the “pulsating blood vessels underneath the body surface”, deep in the interior of the organism. These Jing Mai 娼帹 comprehend well-known structures of conventional modern anatomy and physiology.
The blood vessels (Jing-Mai 娼帢 in Chinese) transport arterialised blood (Xue Qi 敫䥔) which is supplied with air and oxygen (Qi 䥔) by breathing, in addition to filling with nutriments (Ying伐), agents of the immune defence (Wei 斌) and body liquids (Jin-Ye 䩖䫣) also referred to as water Shui 䥥．This classical Chinese description corresponds, though roughly and in a preliminary way, with basic facts of modern physiology.
• Author`s address: Professor h.c. (China Medical University, Taichung, Taiwan, Republik China) Dr. med. Claus C. Schnorrenberger M.D., Lifu International College of Chinese Medicine, Karl Jaspers-Allee 8, CH-4052 Basel/Switzerland. e-mail lifu@gmx.ch www.lifu-college.com

• There are about 20 other people that talk this, its not just one person
• And its been talked like this for over 50 years, this is not new
BASICS  DIAGNOSIS

• If you want you can still diagnose any way you want
• It not about my way or your way
• Its not about dogma
• Its all about results in the clinic day in and day out

• You will hear me talk back and forth, but I see the medicine as a real medicine not energetic one and hence my words convey that. Just my dumb way of seeing it, doesn’t make it right or wrong.
INTRO

My goal
More time on points, tx plans
Pain and internal
Modern day focus
  11.25, polio,
  66.01 coma
  77.14 dry cholera, appendicitis
  77.07 lacrimation due to wind
  7701-07-14 meningitis
  77.18 cataracts
  77.05-6-7 mumps
INTRO

• The best way to do internal 1 dao ma per limb
• Talk to your patient
• If you can do herbs even better, but not necessary
• Stop the lies of Acupuncture is only good for pain
• Let them sit 30-40min
• We are restoring balance, don’t let big scary word freak you out, KISS
• Think in terms of Acu, homeostatsis, not TCM acupuncture
  • What do I mean by that?
  • Checking account and savings account
  • Same point, up and down? Sleep and awake? Adapt genic
  • High blood pressure? You need to know why
BASICS MASTER TUNG

TOP TUNG
Acupuncture Points
Clinical Handbook

BRAD WHISNANT, LAC, DAOM
DEBORAH BLEECKER, LAC, MSOM
BASICS

• WHY AM I DOING IT THIS WAY

• LISTS AND LISTS OF POINTS? It is day 4… really?

• Breath, relax, don’t stress, take notes, stay engaged we will work together
TUNG BASICS

• Master Tung summarized this as follows, "If the diagnosis is exact, the location of points is accurate, and the needle technique is skillful, the result will be quick and successful. No other school of acupuncture can surpass its effectiveness."\footnote{4}
TUNG BASICS

• Fewer needles. (usually)

• Distal treatment – the most distal the better.

• Contralateral needling for pain or structural problems. For chronic conditions, bilateral.

• Bilateral needling for treating organ systems. (DON’T USE THE SAME POINTS why would you do that?)

• Tung style Acupuncture does not need the use of the diagnostic methods (pulse, tongue etc.) or terminology adopted by the TCM acupuncture.

• Tung’s acupuncture is very safe since most of its points are located on the body’s extremities.

• Needles are never inserted at the site of pain or injury
TUNG BASICS

- Needle size
- Needle depth
- Manipulation of needle
- What brand of needle
- Retention of needle
- Needle, breathe, results
- What is the de qi?
- Miss the point, DO NOT miss the channel
TUNG BASICS

• “The *Dao Ma* Needling Technique of Master Tung Ching-Chang was one of the clinical methods he most frequently employed. This technique can succinctly be stated as follows: three points are needled simultaneously to profoundly 'obtain qi' (*De Qi*) and rapidly effect a cure. Dr. Tung did not greatly concern himself with 'supplementing' (*Bu*) or 'draining' (*Xie*) needle techniques, but rather with powerfully 'obtaining qi' (*De Qi*) to influence the 'Reaction Areas' of the points needled. In this style of acupuncture, the more you obtain the qi, the faster your results will be.
  
  • Dr. Maher, *Advanced Master Tung*

• Over 60% of Master Tung points are in “*Dao Mas*”
  
  • Dr. Maher, *Advanced Master Tung*
TUNG BASICS

• Tao tells us of the Great Triad (Heaven-Mankind-Earth) which can be loosely translated to mean the path from obscurity into manifestation.

• 3 needles in a Dao Ma
• 3 is a very important number
• 1=1
• 1+1=3
• 1+1+1=4
• The needles are SYNERGISTIC!
• This is interesting because a popular distal way to treat at this time is an “area”. (many people are teaching this idea of “area”) You can see already Tung points “treated an area”. Yes there are points per say, but Master Tung knew that acupuncture is much like treating an area. That’s a very important concept to get.
TUNG BASICS

• “We will also focus on “reaction area” neurophysical acupuncture. This reflects the knowledge of the delicate energy of the body and the neuroanatomical and neurophysiologic aspects of the body. This acupuncture style also corrects and heals the body through the manipulation of the peripheral and central nervous system by affecting the neuraxis, the actual anatomy, physiology and pathophysiology of the body”.

  • Dr. Maher, *Advanced Master Tung*

• This how we treat more than just channel, mirror and image
TUNG BASICS

• This is what separates Tung from The Balance method, any distal method

• This is where Tung Acupuncture takes off and keeps going

• This is why doing Master Tung acupuncture you can get away with OUT doing herbs

• This concept is massively important for the success of internal issues
TUNG BASICS

• YOU GOTTA FIX THE AFFECTED (S) ZANG ORGANS
  • THAT’S THE SECRET
    • I DON’T CARE HOW YOU DIAGNOSIS
  • BUT YOU GOTTA FIND THE SICK ZANG AND FIX THEM

• Jimmy chang and pulse=Master Tung and point selection
• So sure, I'll be talking about hypertension.

• And when say 88.01-2-3 on the Heart Zang line, ST channel, Heart reaction area, image mirror, all that says it helps the heart?

• IT ALL ASSUMES THE HEART IS THE SCREWED UP ZANG ORGAN! Do you see that?

TUNG BASICS

• There are other points you could/can or should use, this is just a starting point to talk/teach/think/learn

• Think in terms of treating a few “whys” you will have more success

• Lilli Zheng, my Chinese herbal teacher at my masters program. Her story of the 3 greatest TCM doctors In her time. Lili treated 200,000 plus while she was in China working as a TCM doctor. She's straight up the real freaking deal let me tell you.
TUNG BASICS

Don’t you need herbs? Maybe…maybe not.

diet, exercise, meditation, prayer, so many other things

Have a conversation

what will it take, how do you measure

Speak with patient

be realistic, can you fix it? have you fixed it before, do you know? Or have you just read about it?

Then move forward

make a plan and move forward and QUIT TELLING PEOPLE THEY WILL INSTANTLY GET BETTER, why do you make your lives so difficult?
TUNG POINTS

SUMMARY OF TUNG POINTS
INTERNAL MASTER TUNG

Internal is always distal, usually
The strength of the Tung system
Will elevate your clinical results
I think internal is easiest for TCM, just like SP6, LU7, ST36, GB41
The 5 Zang + a few extra
SOME BASIC POINTS

• Ling gu and dai bai should be used with any and all internal issues, its that good, yes. It is…

• 88.25, should be used with any and all internal issues regardless. It should at least always be considered

• 77.08-09 should also always be considered (basically ST36 for any and all internal issues) ill explain why

• ST36, SP6, LI4, LI11, LU7 (ML 10) 66.05 should also always be considered,

• 12 magical idea by Dr. Tan IS WHAT 12 MAGICAL IS FOR!!!!!

• I didn’t list these points all the time, because I know, no matter what? They are always BEING CONSIDERED and USUALLY USED2
HEART

• Systemic circulation
• 77.27
• 88.12-13-14
• Ling gu dai bai DM
• 44.08-9-10
HEART

- 44.08-9-10
- 44.13-14
- 55.01
- 66.03-4
- 88.01-2-3
- 33.08-09
- 33.13-14-15
- 33.-4-5-6
HEART

11.01-2-5-10-16
11.19
33.12
66.12
77.08-9
HEART

- 12 magical is great
- 11.19 (brach, tach, enlargement), 33.12
- PC7-6-5, LI4-6, ST32-33-34, L3-8
- Bleed heart zone, bleed cubital crease
- 77.08-09, bleed 77.14
- Bled ear apex
- 55.01, PC6ish, ST36ish
HEART

- Bleed heart zone
- Bleed 7708-09-14
- Bleed ear apex
- 33.-4-5-6
HEART

• PRACTICE

• Grab a partner, use dots, a pen, needles, and do a dao ma on each limb and be able to reason why you chose each dao ma

• If its not a dao ma? MAKE IT ONE!

• Improvise over come adapt!

• We are concerned with RESULTS! Not what the books says! We are clinicians not book worms!

• What is written is a guide, you are here to devlope. GROW! Challenge yourself! Get scared!
LUNGS

• So many points for lungs
• 77.26 for pleurisy, lung rib pain pressure etc
• With 88.17-18-19, +33.13-14-15-16, Ling gu dai bai
  • Or add change out with 22.01-2
  • Or add change out with 1010.19-20
  • A very consistent any lung issue
LUNGS

• 33.13-14-15-16
  • Very effective for HT and KD
  • LU=HT, and LU grasps, KD catches
• 77.08-09-10
• Grasp the qi
• Root the qi
  • Different points

Bled 77.08-09, 77.14 or lung area
LUNG

- 1010.19-20
- 11.01-2-3-4
- Stop asthma points, dr mahr
- 77.24-25
- 11.08-09
- Bleed the Lung Zone
LUNGS

- $77.24 - 25 = 11.08$
- $22.01 - 2$
- $88.17 - 18 - 19 = 11.07$
- $44.08 - 9 - 10$
LUNG

- P3, PC.5 AMAZING
- 66.06, proximal 77.08, 44.06
- 11.17
- 22.04-5
- 44.01
- Dr. Tan tai yin yang ming
- 88.17-18-19+LI20, or bi tong
- Dao mao at ST45-44-66.05
- Bleed top of nose
- Tongue, bi yi 1010.22
LUNG

• 66.08-09 it contra indicated for asthma..hmmm
• 77.27 with 88.25 or 88.12-13-14
• 77.05-6-7 with 33.11 and or 11.17, 11.21
• 66.06-7
• 11.22 (inflammation, RA)
LUNGS

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LIVER

- Over 600 functions
- More important than the heart
- Bleed liver zone
LIVER

- LV GB 66.06-7 with 88.12-13-14, 88.25, SCS
- 33.11 with 88.12-13-14
- 1010-13-14 (stone points, but also good for GB stones)
- 77.27 or 77.5-6-7 to break stones
- 11.17-11.21
- Be thinking GB or LV they are connected, DUH!!!
- 11.13. for the GB
LIVER

- We all think diabetes is a spleen issue, and it is
- But the liver plays a huge role
- Combine liver and spleen
- 11.18 + 88.12-13-14 + 77.18-19-21
- 7708-09 + 66.5 + 66.07-8 + 33.11
- 11.17-20
- 77.05-6-7
- Etc etc etc
LIVER

- 12 magical again, since liver is blood flow
- Ext tcm point below GB34
- Main points for liver 88.12-13-14, 11.17, 11.20
- 1010.17-18
- With 88.12-13-14, add in 88.15-16-17
LIVER

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KIDNEY

- Main points
- 22.08-9
- 77.18-19-21
- 88.09-10-11
- 11.15
- 22.06-7
- San cha san
- 1010.13-14 can do 1010.15-16 but I prefer 13-14
- 66.12
KIDNEY

• They lymphatic system is not the kidney
• But the kidney cleans our blood
• So it is a times related
• Bleed KD zone
KIDNEY

• UTI, Prostatitis, hernia etc
• 11.01-2-3-4-15, 44.12
• 66.2-3-4 ling gu 1010.14
• Don’t forget 2nd hypertension
• 44.12-13-14
• 44.17
KIDNEY

Adrenal glands
Lower stress, raise hormones
War

1010-1-5-6-8
88.25
11.17
11.16

Or 12 magical +ESM, YET, SSC, YT
KIDNEY YANG

• 44.02-3-4, 44.12-13-14 different?
• 77.18-19-21 the Kidney Yang points
• 1010.19-20+88.17-18-19 fibro
KIDNEY

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DIGESTIVE (SPLEEN ETC)

- Spleen itself, 11.18
- 66.07-08
- 88.09-10-11
- Bleed 77.14
DIGESTIVE

• 77.08-09, 88.01-2-3, PC6-5
• Loose stools, 22.11 +33.10+11, 77.08, 66.05 DM
• Dr Tan Magical Digestion with a Tung Spin
• Original spleen points, 77.05-6-7
• Dr Tan did his 8 magical with 77.08-9-10-11
DIGESTION

• Main Tung points,
• 66.05 +77.08-9+33.10+11 and or
• 33.01-2-3
• Bleed any digestive zone area and or BL40
• 11.01-2-3-4
DIGESTION

• TUNG TCM
• LI4,
• St12-13-14-15
• SP9
• 33.04-5-6 with KD6, or SJ6
• Ren 4, 6-7,12-13-14
DIGESTION

• Tw5, PC6, ST36, SP9

• Great face points for digestive
  • 1010.10-11

• Upper quadrant issues
  • PC3.5 Ht3.5, 33.11, GB34, LV6-7
DIGESTION

• Bleed digestion area, or 77.14
DIGESTION

• 11.08+33.08-09+66.05+77.244-25
DIGETIVE

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Gland Systems

- 77.24-24
- 77.05-6-7
- You can just image, remember internal LV
- Target adrenals, they work together
  - TW5-8, PC-6, KD2-4, BL65-59
GLAND SYSTEMS
GLANDS

• Target the Brain
• 1010-1-5-6-8
• 77.01-2-3-4
• 55.06
• 6613-14-15
• Again, 12 magical
TUNG CONCLUSION

• I know it might hard to take all this in
• I know it might be hard to let go
• But you will find;
• Consistent results
• Consistent practitioner practices

• Let go of DOGMA
5 Zang Issues

• Come on, who can we treat!

• Even better, who can you all treat!
TUNG CONCLUSION
I found my own truth through 65,000+ patients and continue to find my way
You don’t have to listen to me, Use ANY teacher, as a guide….
You must WALK THE PATH

• YOU MUST LEARN YOUR OWN TRUTH
• “Your vision will become clear only when you look into your heart. Who looks outside, dreams. Who looks inside, awakens.”

Carl Jung
TUNG CONCLUSION

• You can know treat 90% of all patients, with a 90% healing (more than just pain relief) instantly, Monday in your clinic.

• You can now treat 90% of all internal issues that show up with 90% actual HEALING Monday In your clinic.
  • When internal gets hard? Just to back to, “what zang(s) are affected and lets treat that/those”
CONCLUSION

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VOLUME TWO
TUNG CONCLUSION

• Thank you for coming this long weekend

• I hope it met your expectations.

• Please email me as you get home if you have issues, questions, new things come up, you missed something.
  • bradwhisnant@gmail.com